

# 101 Things

## QUESTIONABLE GUY TREND

### Hot-Weather Beanies

It's summer from the neck down and winter from the neck up. Wha?



Zac Efron

Russell Brand

Austin Butler



### THE SURPRISING UPSIDE OF A NOT-SO-RICH BF

Besides the fact that he's less likely to have a Trump-size ego (and more likely to know all the awesome happy-hour deals in your neighborhood), a recent study from the University of California found that men who don't have a flush bank account are more empathetic than dudes with a ton of dough. As a result, an S.O. who has less cash is more apt to pick up on signs when you're feeling stressed and show compassion when you're in a bummed-out mood. Awww.

## Guy-Friendly FB Posts

Men have a hard time being open with their feelings, and that includes on Facebook. So before you let your "I <3 My BF" flag fly, consider one of these more subtle options.



Keep the cuteness to yourself.

THE STATUS:	POST THIS	NOT THAT	WHY
The "My BF Is So Hot" Photo Upload	A snapshot of him being a badass, like killing that 5K race or dominating the grill	An adorable pic of him cuddled up with his itty-bitty French bulldog	Those cutesy moments are for your eyes only... posting it feels like you're selling him out.
The "I Love You, Baby" Shout-Out	[Insert inside joke here.]	"My boyfriend is seriously the best. I'm the luckiest girl. : ) xoxo"	A message only he'd understand spares your friends (and his) all the schmoopy details.
The "Ugh, He's Being So Annoying!" Vent	"Today has been rough...need some wine when I get home."	"I can't believe the BF forgot about our date tonight. Really?!"	We get it; you want some virtual support. Just keep it vague so you don't throw him under the bus.

SOURCE: DEBRA MANDEL, PHD, AUTHOR OF DON'T CALL ME A DRAMA QUEEN!

# About Men

## Talk Dirty

But that doesn't mean you need to sound like you moonlight as a porn screenwriter (um, do those exist?). Just talk about sex...a lot. Talk about how good he is at that thing with his hips, suggest a position to try, remind him of that particularly steamy hookup you two had in your car. The more you do, the more it conveys how much you enjoy sex... especially with him.

## Jump Him

Guys aren't exactly the best at picking up on subtle cues, so send him an I-want-you message that he can't possibly miss: Initiate sex on a regular basis. To drive it home, ambush him when he least expects it, like when he's in the shower.

# The #1 Quality Men Want in Bed

## Let Your Hands Wander

In the heat of the moment, use body language (not just moans) to convey that you're one hundred percent in the moment. Touch your breasts, his butt, your inner thighs, his biceps, wherever. Not only does it let him know you're attracted to him, but it also gives him a sexy-as-hell visual.

SOURCE: SEX EXPERT SASHA ALLISON, AUTHOR OF TICKLE HIS PICKLE; AVA CADELL, PH.D., FOUNDER OF LOVEOLBYUNIVERSITY.COM

More than 200 guys voted in our online poll and said that (drumroll, please...) **enthusiasm** is the hottest trait a woman can have between the sheets (FYI: Confidence came in second and technique ranked third). Use these tips to show him that you're really into it.