



Get Naughty Tonight

Almost all men dig a little dirty between the sheets. So these 12 taboo moves should really drive him loco with lust.

By Holly Eagleson

► Think of the naughtiest trick you've ever tried in bed. Now imagine bumping up the intensity so that it was even ballier. Pretty. Freakin'. Hot. That's the idea behind our dirty dozen—12 wicked moves that go from kinda kinky to beyond bad girl. Bonus: Besides providing variety, this mix actually will enhance your pleasure. "Physical sensations become less thrilling when you repeat a routine too often, even if it seems pretty daring," says certified sex therapist Ava Cadell, PhD, founder of loveologyuniversity.com. "Occasionally go a little further and the sensations will be extrapowerful and blissful. And you get the thrill of doing something wicked." Bring it on.

Try a Bit of Bondage

Getting tied up instantly boosts the sexual energy because it brings in the element of vulnerability. "When you're bound, you're completely at the mercy of your partner's urges, which is exciting. Plus, you can focus entirely on being pleased since you're not able to reciprocate," says Gloria Brame, PhD, a sex therapist in Georgia.

Naughty move: Lie on the bed with your hands tied together, and let him devour you. Have him start with a tease by holding his first and second fingers in a V, placing them on either side of your clitoris, and massaging in a scissoring motion. Then he can use side-to-side motions with his tongue to get you really worked up. "A lot of guys go up and down, but that makes for more pressure on such a sensitive spot, which can be too intense," says sex educator Jamye Waxman. "Side to side feels more relaxing and arousing."

Even naughtier move: Have him tie your hands with a scarf and hang them on a hook on his door (the kind you would hang your coat or towel on) before he tantalizes you with oral. Since you'll feel totally like his sex toy, you can add to the arousal of being restrained by begging him to "release" you and let you orgasm. "Playing up that he's in control and responsible for getting you off is a huge turn-on," says Cynthia W. Gentry, author of the forthcoming book *What Women Really Want in Bed*. He can use his power to either allow you to climax or withhold stimulation for a tortuous minute.

Give Him a Peep Show

Much of arousal is driven by what we see—especially for guys. “Many men love watching a woman get turned on. It lets them know what gets her going and makes them feel like they’re doing something illicit by just sitting back and enjoying the show,” says sexologist Sari Locker, PhD, author of *The Complete Idiot’s Guide to Amazing Sex*. “And it’s great for women too. Seeing how a guy reacts to watching you pumps up your desire.”

Naughty move: On a night your guy is coming over to hang out, masturbate alone just before you’re going to see him, but don’t let yourself climax. To bring yourself right to the edge without going over, close your eyes and imagine your guy’s lips taking the place of your hand. Squeeze your PC muscles for a count of five as you massage your clitoris, then stop moving. Stay naked until he shows up, and let him see the flush that naturally spreads over your body as you near orgasm. Then describe for him what you’ve been up to. He’ll put together an irresistible mental image of you self-pleasuring that will build his desire so that when you have sex, it’ll be an incredible release for you both.

Even naughtier move: Before a date, entice your guy over to your place early, and let him watch you masturbate before you leave for the evening, telling him he can have his turn later. “He’ll think it’s hot to get this intimate peek, which allows his own arousal to surge,” explains Debby Herbenick, PhD, author of *Because It Feels Good*. Do it seated in front of a mirror with him behind you so that he has a great view of the action as well as a nice shot of your ass. Start by touching your nipples with one hand and rubbing a thigh with your free one. Then stimulate your lower area, moving your fingers faster and faster as you get turned on. Don’t let him interrupt. Instead, tell him you expect him to finish where you left off when you get home.

Handle His Package

Usually for foreplay, you touch him so he’s hard, but stroking him until he climaxes is rarely the main event. “Once a couple start having sex, hand jobs often stop,” says sex educator Sadie Allison, author of *Ride ‘Em Cowgirl!* Manhandling him will show your dirty desire to take charge.



Naughty move: Surprise him with a hand job when he least expects it. While he’s chilling on the couch, cuddle up next to him, trail your fingers down his chest, and unbutton his pants. As you grab him, whisper that you’re doing all the work this time. Try this grip to really wow him: Put one hand at the base of his shaft and the other right on top of it. Then firmly grip him as you move your hands in opposite directions, twisting at the same time.

Even naughtier move: Don’t only shock him with sexy stroking—also do it when he can’t possibly react the way he wants to. The next time he’s on the phone, come up behind him, unzip, and go to work. “Doing something so naughty while the person on the other end of the phone has no idea ups the wicked factor and makes everything

feel more intense,” says Allison. Make a ring with your fingers by touching the top of your pointer finger to the top of your thumb. Then place it around the base of his shaft, and slowly move toward the tip. As that hand gets to the tip, start at the base with your other hand. And so on.

Have Stranger Sex

When you pretend you’re someone else, you completely change the rules. For one, you both naturally become

much more daring as you act. Also, you have to be creative to play the part, and that means coming up with all sorts of naughty things your character might be into. "With role-play, you can more easily move outside your comfort zone and enjoy extreme sensations and positions you wouldn't normally try together," says Cadell.

Moves That Cross the Line

72% of guys would not be turned on if their girl spanked them with a paddle.

"My only real swat came from Mr. MacDonald in fifth grade. Embarrassing and painful. If you hit me with a paddle, I'll have a flashback." —Jim, 31

62% of guys do not like lingerie with lots of zippers and laces.

"Zippers are dangerous! We don't even like having our own zippers that close to our little men." —Peter, 28

73% of guys would not be turned on if their girl dripped hot wax over their chest.

"Good sex should be steamy on its own. You shouldn't need fire and hot wax to heat things up. Plus, it sounds like it could hurt." —John, 28

78% of guys would be turned off if their girl asked them to call her ma'am during sex.

"If I wanted to call a girl ma'am, I would have signed up for the Army. In bed, it just feels emasculating." —Brian, 21

SOURCE: COSMO WEB POLL
—ALEXANDRA FOSTER

Naughty move: Pretend you and your guy are complete strangers. Set up a time for both of you to be at the same bar, and play out the scenario like you're meeting for the first time. Before you approach him, flirt with a few guys (totally innocently). Then make your way over to him, and introduce yourself as whomever you want to be—like Annette, the sexy exec on a business trip. Let others overhear your conversation, since some of the fun is performing for an audience. After a

bit of small talk, tell him you want him to come home with you or vice versa, and stay in character all night long.

Even naughtier move: Role-play that one of you is inexperienced and needs sex lessons. Have the novice write down what they want to learn, like how to perform oral sex, masturbate, or be taken from behind. Notes Gentry: "When one of you pretends to be innocent, the other person feels a surge of arousal knowing they're in control and responsible for giving that person ultimate pleasure." Then get together for the very X-rated tutorial.

Test-Drive Twisty, Torrid Positions

Nothing screams *naughty* like providing a view and finding new angles neither of you is used to. One tip: "Do it in various parts of your house, because it'll force you to accommodate your positions to the different obstacles," says Cadell.

Naughty move: Take the action to the couch. Have him stand up and enter you from behind as you kneel on the cushions. "There's something hot about standing-up sex, and doing it in a semipublic room makes it feel taboo," says Allison. Hell, you're doing it where your parents and friends will be sitting. You can deepen the penetration by lifting one leg so that your foot is flat on the seat of the couch and you're leaning back against his chest.

Even naughtier move: Stay true to the purpose of a couch: Tell him to sit back and enjoy the show. Only this time, it's not the TV he'll be viewing... it's you. With him in a seated position, straddle him, then place his hands on your hips to keep you secure, and lean all the way back so that your head is down by his feet. You can put your hands on the floor for extra support, then rest your feet on the back of the couch. "Your body will be completely exposed to him, giving him an incredible 'Oh, my God' erotic view as he moves in and out," says Allison.

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Plan a Sneak Attack

Ambushing your guy turns you into a total sex vixen who can't get enough and makes him feel extremely wanted. "When you're not expecting something, your senses are heightened, making it easier to enjoy every touch during a hookup," says Cadell.

Naughty move: Guys expect morning sex *before* they get out of bed, so he'll be totally shocked if you jump him when he gets out of the shower. Slip into the bathroom, and position yourself naked on the sink so he's surprised by the stunning scenery when he pulls aside the curtain. Then have him stand in front of you so you can wrap your legs around him.

Even naughtier move: Meet up for dinner after work. Wait until you've been seated, then tell him you forgot something in the car and will be right back. Once you get outside, text him that you need his help with something. When he comes out, pull him into the car and go at it (make sure you're in a remote area of the parking lot!). "Having sex in a somewhat public place is exhilarating because you're worried about getting caught," says Allison. Try the backseat. Have him lie on his side, then lie next to him so you're spooning while he enters you from behind. The setting forces you to stay close, creating awesome friction. ■