



What is this?

- A a child's toy
- B a light fixture
- C a buzzy sponge
- D a car part

ANSWER: C

# Bedroom Toys Worth Having

After doing tons of research (and loving every damn minute of it), we picked our 10 favorite **trisky playthings**.  
By Lisa Chudnofsky

■ It's okay, you can admit it: You are curious about sex toys but haven't included them in your randy repertoire because you think they're only for the ultrakinky. Or maybe you have a garden-variety vibrator but are wondering if there are better carnal contraptions to check out. Well, you've come to the right place. *Cosmo* went on an extensive erotic exploration and found the top bedroom toys out there, including a few that have the power to open up a whole new realm of pleasure for you. Says Gloria G. Brame, PhD, a sexologist in Georgia: "Sex toys are capable of creating sensations that people can't, which intensifies the experience."

If you're ready to try a sexy accessory, you're not alone. In the last few years, sex-toy companies have seen a rapid increase in sales, with women being the majority of their clientele. Web sites such as [www.tickdekitty.com](http://www.tickdekitty.com), [www.babeland.com](http://www.babeland.com), and [www.pureromance.com](http://www.pureromance.com) make it possible to purchase toys from the privacy of your home. To help you get started, check out this list of titillators. (Good news: You already own some.) All you need is an Internet connection, a well-stocked fridge, and a desire for something different in bed. Whether or not you invite a guy is up to you.

*\*Names have been changed.*

## G-Spot Vibrator

These battery-operated stimulators are curved at the top for ultimate G-spot satisfaction. "Insert it about two inches inside you with the curve facing upward," suggests Sadie Allison, author of *Toygasms! The Insider's Guide to Sex Toys and Techniques*. "Be sure to use a slow, rhythmic pressure instead of a rapid in-and-out movement."

## Full-Length Mirror

Place a long mirror horizontally against the wall and do the deed on the floor. "This is the ultimate game of peekaboo because it combines voyeurism with exhibitionism," says Carol Queen, PhD, author of *Exhibitionism for the Shy*. Tim\*, 23, couldn't agree more. "It's hot being able to see everything," he says. "Plus, it's like we're the stars of our own porn video, but it's safer because there's no permanent record."

## Vibrating Bath Sponge

Dim the lights, close your eyes, and get lost in your most X-rated fantasy as you run this sexy sponge all over your body. For maximum orgasmic impact, tease yourself silly and hold off on hitting your main moan zone until the very last minute. Delicious torture.

## Frozen Grapes

This carnal cool-off is a great way to send shivers down his spine. "Holding one between your lips, trace it across his nipples, down his torso, and along his inner thighs," suggests Allison. Then use your tongue to slip the cool treat into your man's mouth.

## Clean Fun

- Wash hands before using toys.
- Clean playthings—before and after use—with a warm, wet cloth and antibacterial soap. Let air-dry before storing.
- Check for sharp edges that may cut you or cracks that can hide bacteria.

### Massage Mitt

This feel-good glove is covered in spongy nubs that create an extrascintillating sensation. "Getting a rubdown with one of these mitts is more pleasurable because the feeling is new," says Brame. "Also, the nerves are more stimulated because the nubs press the flesh deeper." Use it to give him a full-body massage, and cap it off with the hand job of his life.

### A Paddle Hairbrush

Dabble in some spanky-panky by using the flat side to slap each other's butt lightly. Start off by softly scratching each other's back, thighs, and neck with the bristles. "Every now and then, my boyfriend and I will whip out the hairbrush and do some light paddling," says Lisa, 27. "It's a fun way to get a little kinky."

### Gummy Ring Candies

"If you fit a ring around the base of a man's penis, the blood gets trapped and postpones ejaculation," explains Brame. "Plus, the added pressure increases sensation." Slip one of these flexible candies on his shaft (it shouldn't hurt) and give him oral action. When his toes curl, nibble the ring off to allow him an intense release.

### Silver Bullet

These small, egg-shaped vibrators are ideal for external stimulation. If you're all by your lusty lonesome, place it against your clitoris and enjoy the ride. "If you're with a guy, have him place it against you as he enters you from behind," suggests Anne Semans, author of *The Many Joys of Sex Toys*. He'll also reap the benefits because he'll feel the vibrations while inside you.

### Edibles

Cover your bed with an old towel or a cloth shower curtain. Then, using a can of whipped cream, take turns writing naughty words on each other's tummy before lapping them off. Or using chocolate syrup, ask him to draw arrows pointing to every lusty hot spot he'd like you to lick. "Introducing tasty treats into your sex life adds an element of playfulness," says Queen.

### Finger Vibes

Think of these minivibrators as frisky finger puppets. Put one over your middle digit and head below your belt for some self-satisfying hands-on fun. Hint: Start on the lowest speed and gradually up the intensity as you get more and more turned on. ■

## Sex-Toy Snafus

Readers reveal the mortifying moment they were busted.

"While my friend Robert and his 2-year-old son were over one night, the jerk went snooping through my nightstand and came out with my vibrator on full speed. Robert was amused with himself until his kid asked, 'Daddy, what's that?' So he said it was a milk-shake maker."

—Val, 24

"I had told my new cleaning lady to leave my folded laundry on the bed, because I keep a few private playthings in my dresser. Well, she must not have heard me, because I came home to find that my vibrators had been cleaned and lined up by length in my underwear drawer."

—Liz, 29

"I ordered a vibrator from an online sex site and had it delivered to work. But the mailroom accidentally gave the box to our VP, who has the same last name as me. Thankfully, she's cool. When she brought the opened box to my desk, all she said was 'Nice choice.'"

—Kelly, 23



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